

Joining your remote session for the NHS Diabetes Prevention Programme via Zoom

We look forward to welcoming you to your remote NHS Diabetes Prevention Programme session.

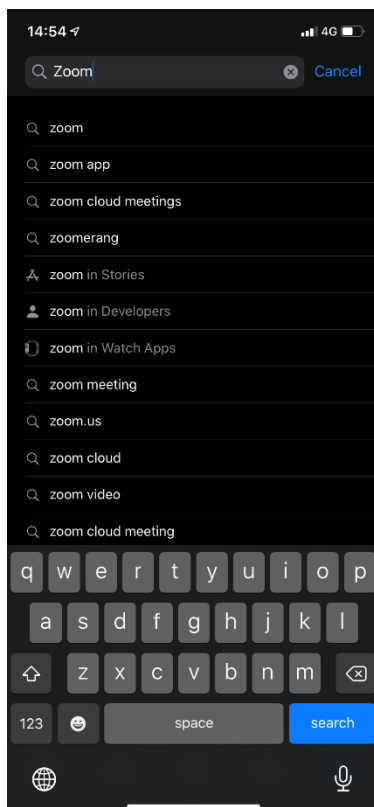
The guidance below will assist you in joining a Zoom session for the first time. Please familiarise yourself with these instructions.

If you have any issues joining the session, please call us on 0121 435 0987 where one of our team will be please to assist.

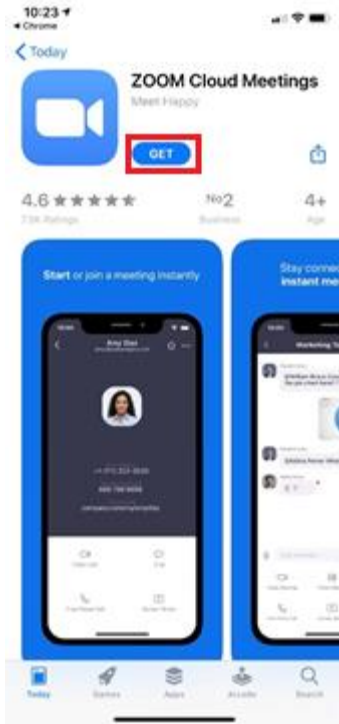
1. Go to the app store and press on search.



2. Search for the app "Zoom"

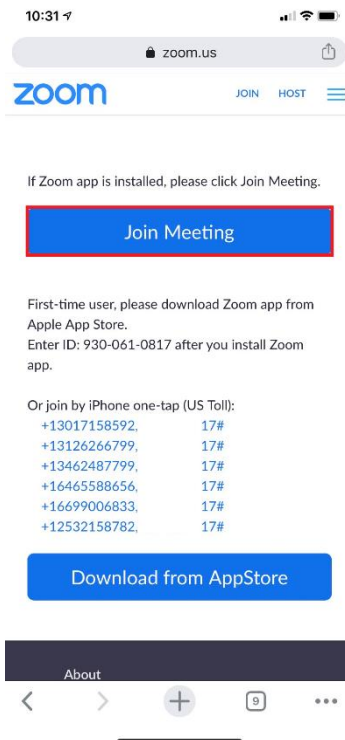


- This will open a new page and will take you to your phone's Appstore. Click on "Get" as highlighted in the red box below. This will start the application installation onto your phone. This is free of charge.

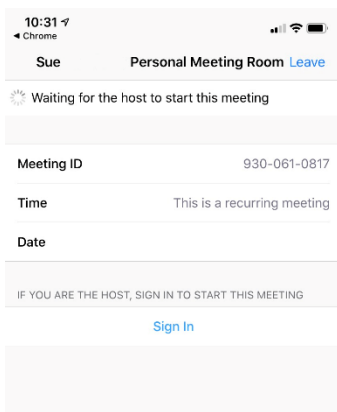


- 24 hours prior to your session you will receive an email from a team member at Healthier You. You will find a link on this email that will take you through to Zoom and your session. Click on this link.

- Once you click the link to the session and you will be taken to the below screen. Please click on Join Meeting as highlighted in red.



- This will take you to the following screen where you will need to wait until the host starts the meeting.



 For technical support please contact us on **0121 435 0987**
For all other enquires please call 0121 386 6971 or 0800 321 3150.
We are available 8am – 8pm weekdays and 10am – 2pm Saturdays.
For more information please visit www.stopdiabetes.co.uk